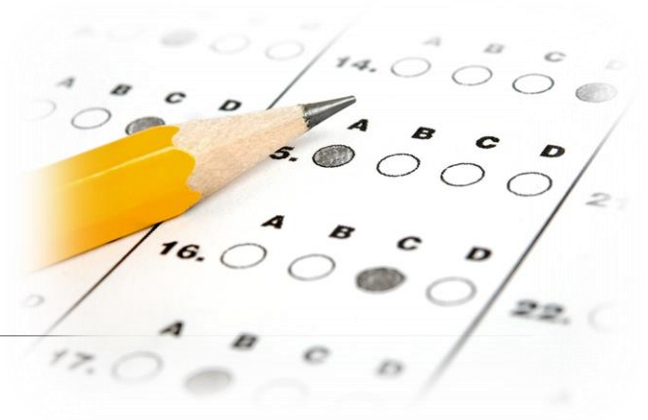


HOW TO RESIST TEMPTATION

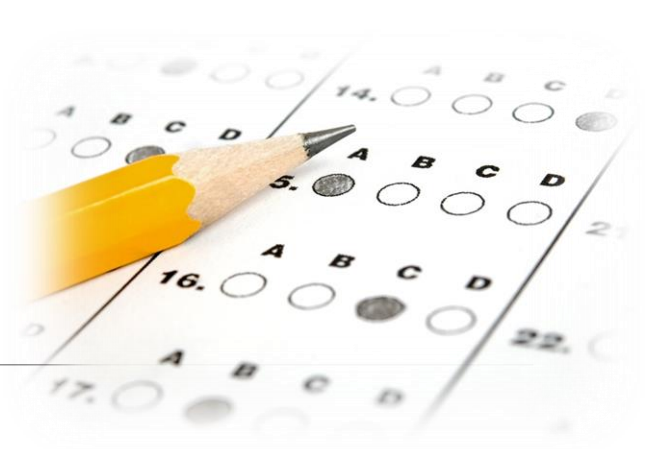


Resisting Temptation



- **Temptation:**
 - **It will happen**
Gen. 4:7; 1 Pet. 5:8
 - **It comes from within**
Jas. 1:13-16; 1 Jn. 2:16
 - **It can be overcome**
Matt. 4:1-11; Heb. 2:18, 4:15; 1 Pet. 5:8-9

Resisting Temptation



- **Overcoming Temptation:**

1. **Realize the cost**

Jas. 1:15; Heb. 12:1, 11:25

2. **Need to be merciless**

Acts 19:18-20; Rom. 13:14

3. **Need a plan of action** *Dan. 1:8*

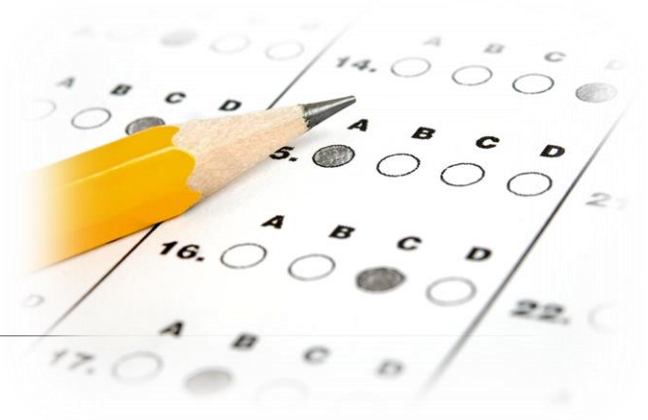
4. **Need to develop new desires**

Matt. 4:4; Eph. 4:22-24; Rom. 12:1; Phil. 4:8

5. **It takes effort** *1 Cor. 9:24-27*

Resisting Temptation

- **After Temptation:**
 - 1. Successfully resisted**
Jas. 1:12
 - 2. Gave in to sin**
Prov. 24:16; 1 Jn. 1:9



14 I press toward the mark for the prize of the high calling of God in Christ Jesus. King James Version

Philippians 3:14



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