## Cast Yourself On God CHURCHOFCHRISTTUCSON.ORG

## Cast Yourself On God: 1 Peter 5:6-7

- Humble Yourself
  - I need to have a spirit that is willing to submit to God.
  - ▶lsaiah 51:12-13
  - ►Need a moment of quietness Psalm 46:10; 34:18; 1 John 1:8; Psalm 8:3-4

WHEN I AM AFRAID,
I PUT MY Trust IN YOU.

PSALM 56:3



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- Casting All Your Anxieties:
  - "Your anxieties talk to you. Don't talk back to them. Talk to God." Philippians 4:6
  - Prayer is where you cast.

    1 John 5:3; Matthew 19:26;
    Philippians 4:6-7
  - ► Casting sometimes looks messy.

    1 Samuel 1:9-18; Psalm 66:16-20

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- Because He Cares For You:
  - ► Matthew 6:25-34
  - ► How Long Has It Been? (HFW #633)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. Philippians 4:6