

100%
BIBLICAL

DEVOTED TO PRAYER

CHURCHOFCHRISTTUCSON,.ORG





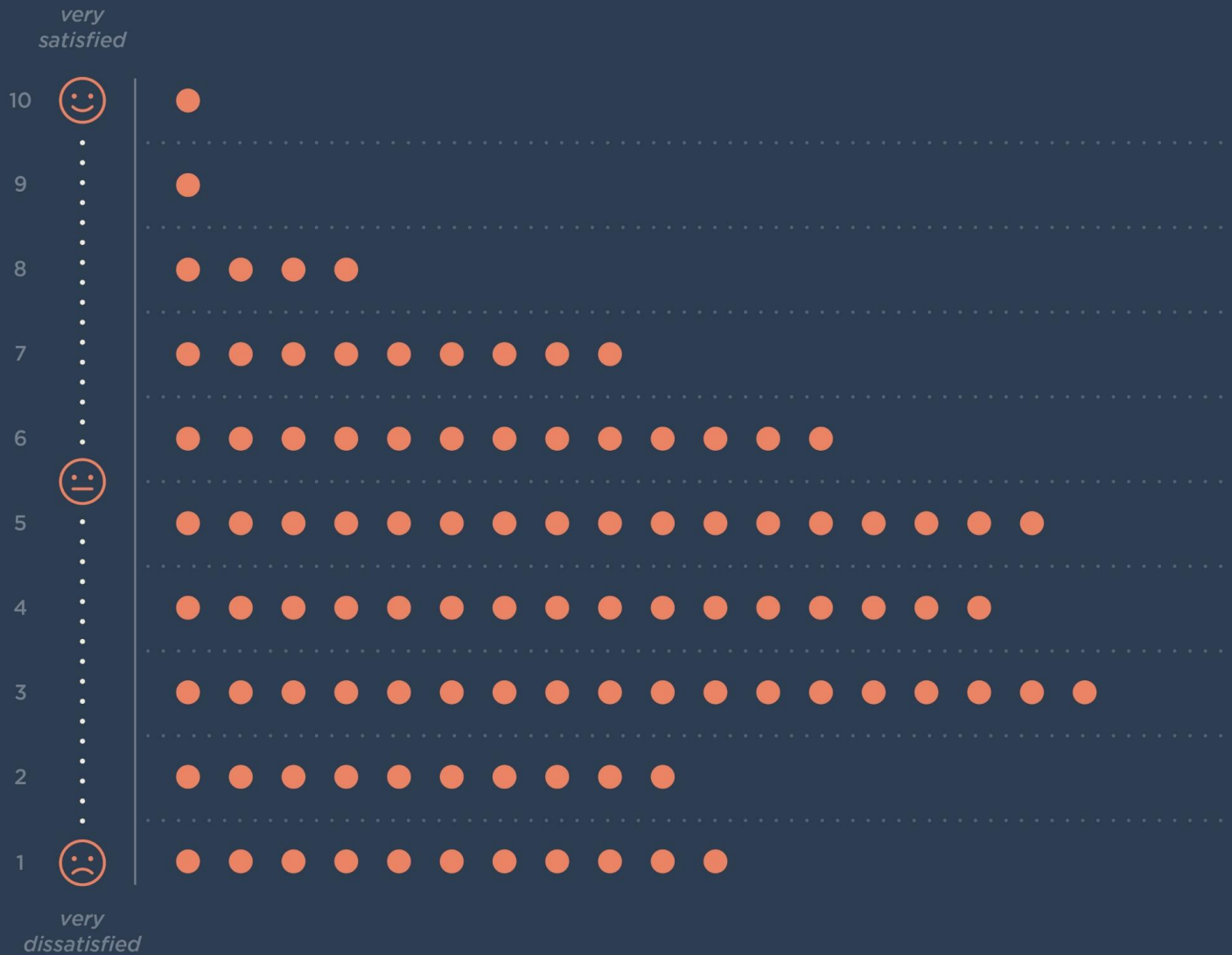
**HOW IS YOUR
PRAYER LIFE?**

ASSESSING YOUR PRAYER LIFE

...

On a scale of 1-10, how would you rate your prayer life?

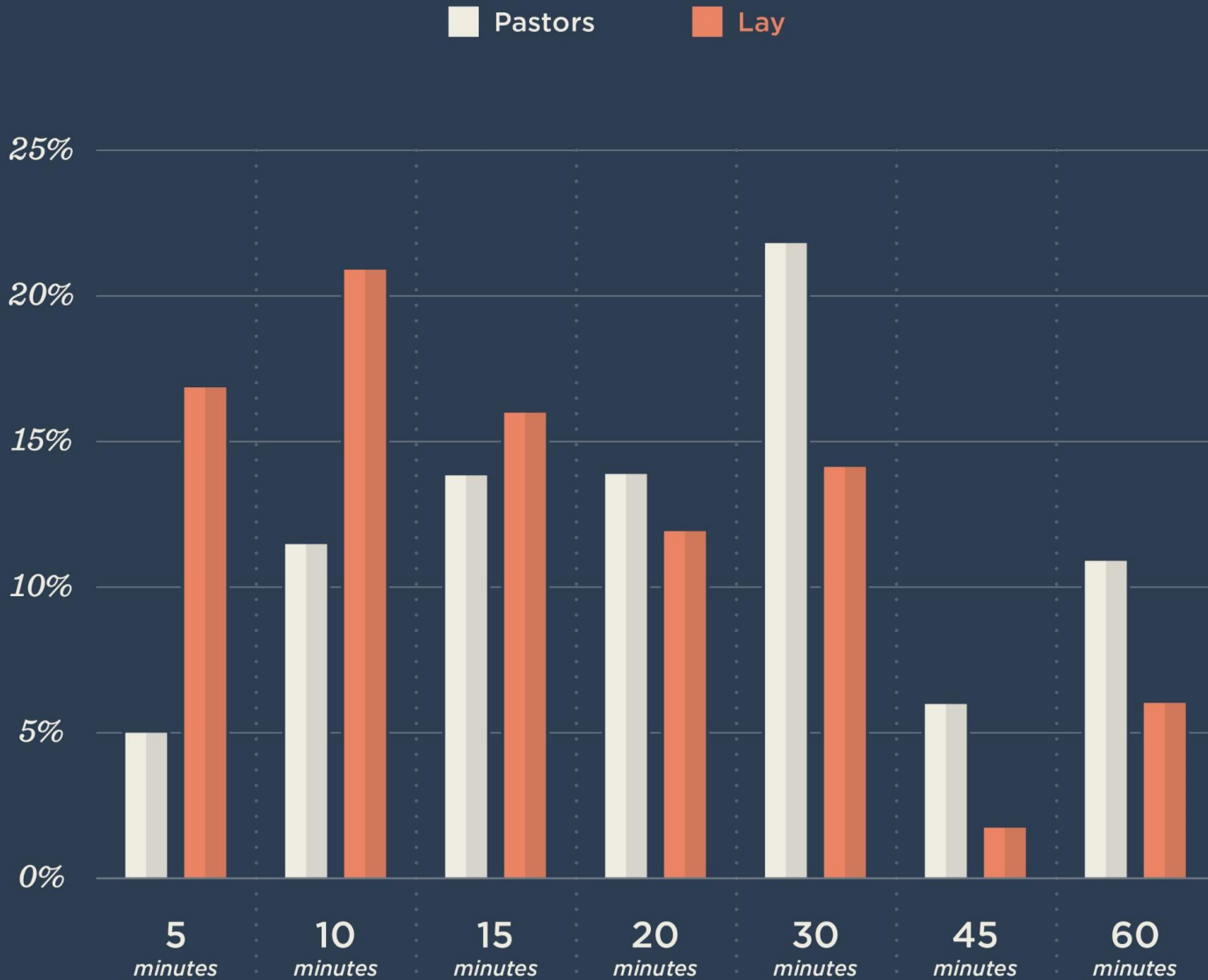
● = 1% of respondents



DAILY PRAYER

...

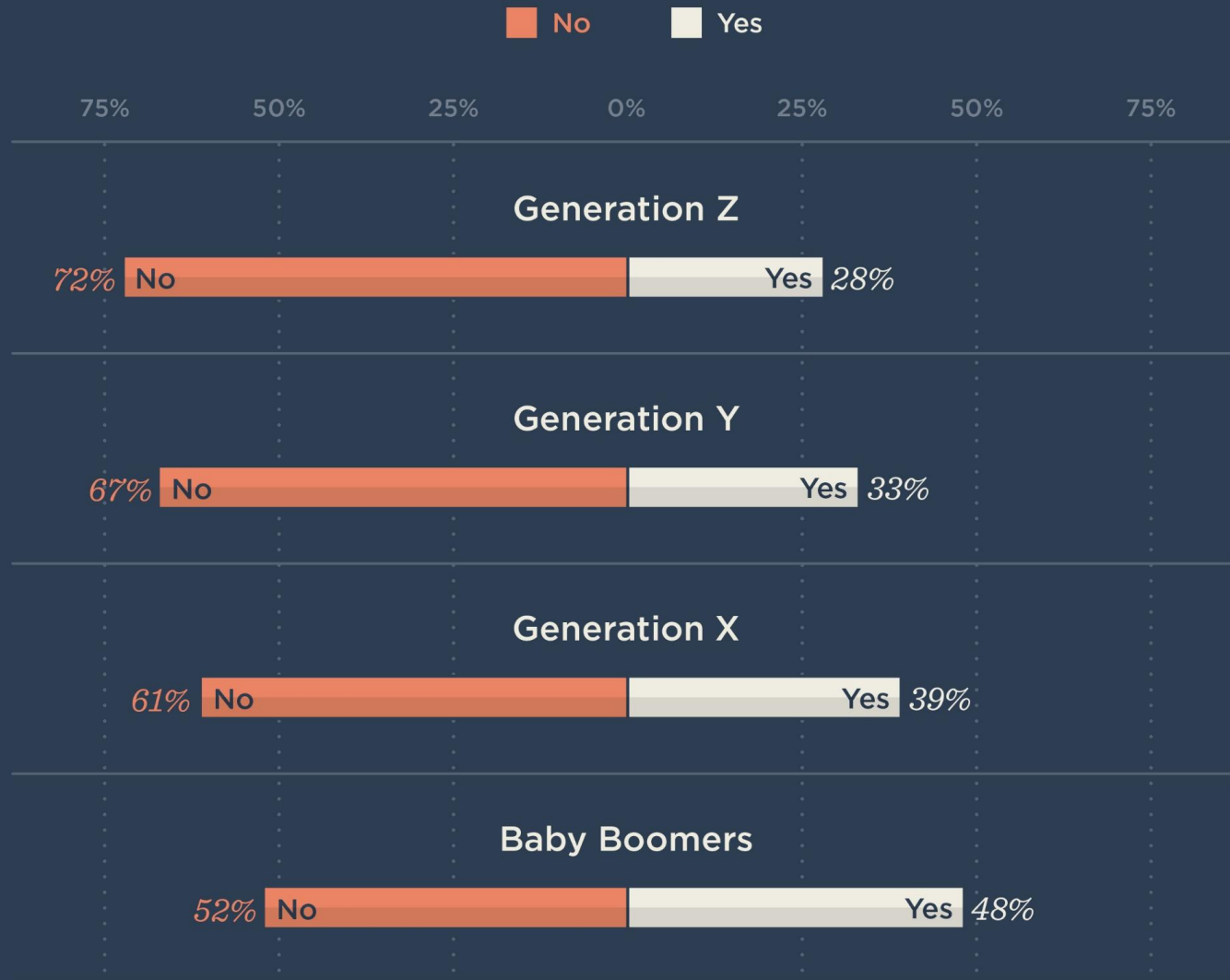
How many minutes per day do you spend in prayer?



THE PRAYERS OF THE GENERATIONS

... Part 2 ...

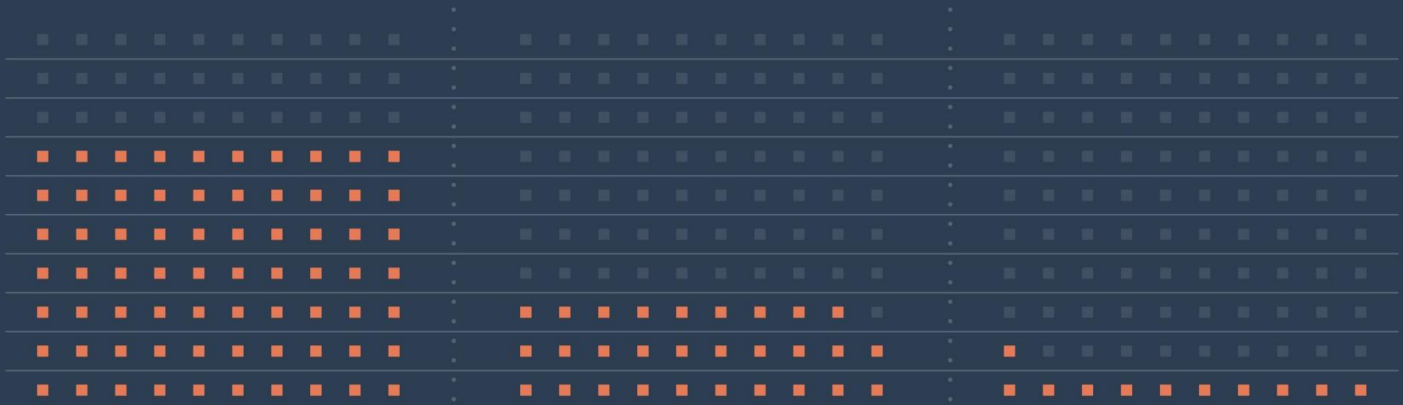
Have you spent 10 minutes or more in prayer in the last 24 hours?



WEEKLY PRAYER

...

Within the last week, have you had at least one chunk of concentrated time in uninterrupted prayer?



70% of people

spent

10+ minutes

in continuous prayer last week

29% of people

spent

30+ minutes

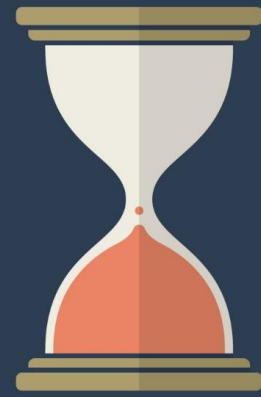
in continuous prayer last week

11% of people

spent

60+ minutes

in continuous prayer last week





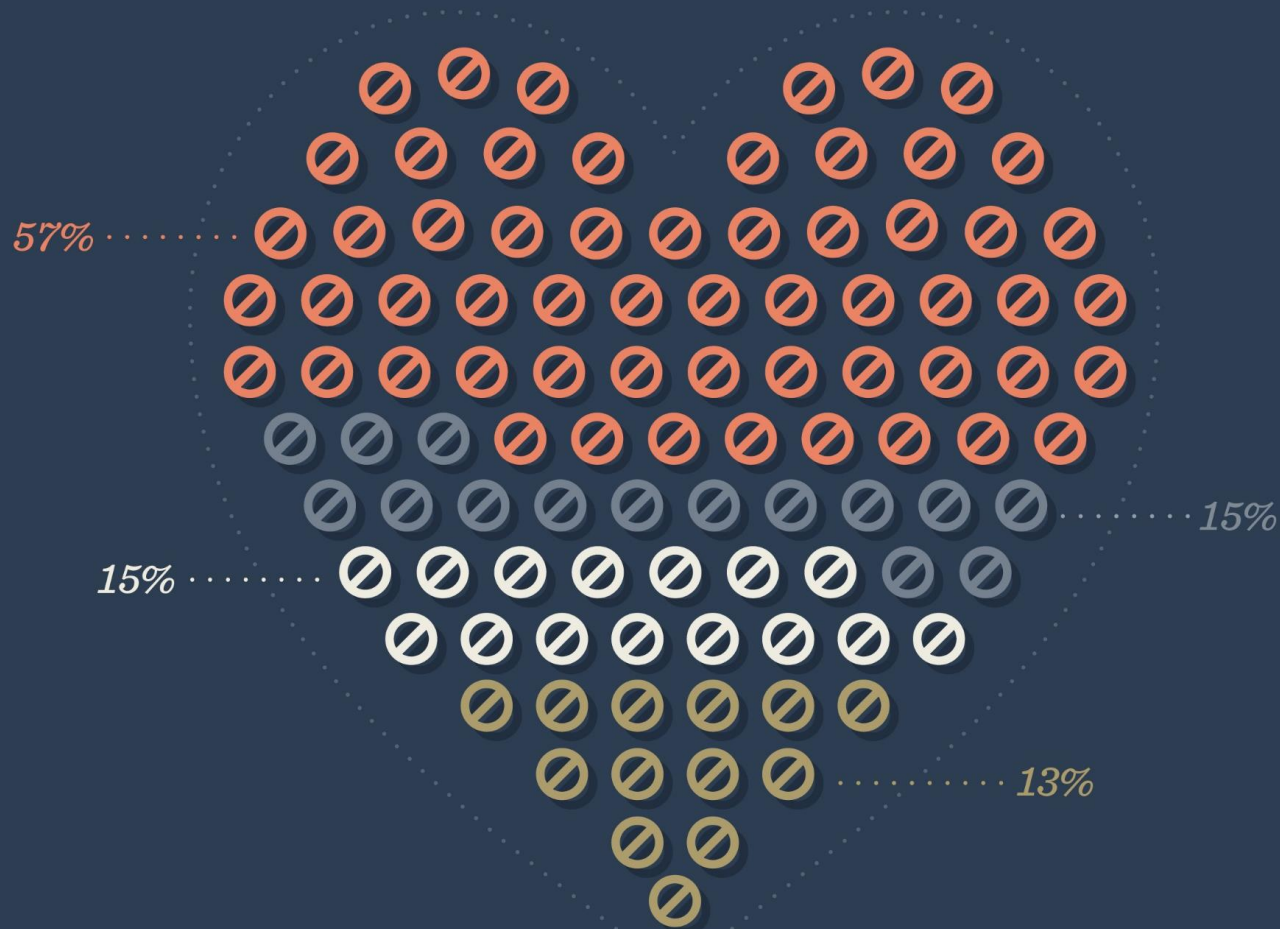
**WHAT IS KEEPING
US FROM PRAYER?**

BARRIERS TO PRAYER

...

What is the biggest impediment to your prayer life?

■ Distraction ■ Indifference ■ Busyness ■ Lost for Words



DEVOTED TO PRAYER:

ROMANS 12:12

- **What is keeping us from prayer?**
 - **We are a distracted people.**
 - **Proverbs 4:25; 5:1; 1 Peter 5:8**
- **What can I do about it?**
 - **Proverbs 23:7a; Romans 12:12**

DEVOTED TO PRAYER:

ROMANS 12:12

- **How Can I Improve My Prayer Life?**
 - **Have scheduled periods of prayer.**
Daniel 6:10
 - **Start small. | Thessalonians 5:17**
 - **Have aids to prayer. Matthew 6:7**
 - **Let scripture inform your prayers.**
Ephesians 3:14-21

PRAYER HELPS

...

Do you regularly use resources (like a book, Bible, journal, or hymnal) to help in your prayer life?

■ Yes ■ No

