



# Ancient Wisdom for a Digital Age

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## ▶ Starting Points

- ▶ Principles to apply to tech in general, social media, internet usage, etc.
- ▶ These things are morally neutral
- ▶ Our use of these things reflect what is already there (**Matthew 12:36**).

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## ▶ Blessings:

▶ Greater opportunities to encourage.

**Hebrews 10:24 cf. Colossians 4:6**

▶ Opportunities to shine Christ light.

**Matthew 5:14-16; Galatians 2:20**

▶ Opportunities to grow as a Christian. **2 Peter 3:18**

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- ▶ **Three Pressing Dangers:**

- ▶ **The danger of distraction.**

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- ▶ **The risk of being fooled.**



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- ▶ **The risk of being fooled.**

- Proverbs 12:22; 2 Timothy 2:15**

- ▶ **The judgement of idle words.**

- Matthew 12:34-37**

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## ▶ Healthy Digital Boundaries:

1. Have a clearly defined mission or goal.
2. Have a digital day of rest.  
(**Matthew 14:22-23**)
3. Limit reach.